



MEET THE TEAM



Jenn Kirkland

Recreation Director



Josh Aponte

Program Coordinator



Grethel
Guzman-Ruck

Administrative Assistant



Matt Griffith

Golf Manager



Earl Storey

Fields Manager

Contact Us

JENN KIRKLAND | RECREATION DIRECTOR | jkirkland@westboroughma.gov

JOSH APONTE | PROGRAM COORDINATOR | japonte@westboroughma.gov

GRETHEL GUZMAN-RUCK | ADMINISTRATIVE ASSISTANT | gguzman-ruck@westboroughma.gov

MATT GRIFFITH | GOLF MANAGER | mgriffith@westboroughma.gov

Recreation Commission: Beth Travis, Chair | Bill Clausen | Colleen Dowd | Brian Kane

PHONE | 508.366.3066 | E-MAIL | westbororec@westboroughma.gov HOURS | MON, WED, THURS 8AM-5PM | TUES 8AM-8PM | FRI 7:30AM-12PM

Follow us:







Our Motto:
Westborough Recreation—Play More!

Mission Statement:

The Westborough Recreation Department operates and oversees a dynamic array of programs, events, playgrounds, parks, fields, and even a golf course! We strive to serve all of our residents and encourage everyone of all ages and abilities to engage with our lively sports, creative programs, and remarkable facilities. PLAY MORE — Westborough!

Table Of Contents

- General Policies and Information
- Community Events & Trips
- 06 Adult Programs
- 07 Youth Programs
- Rec Basketball
- Special Olympics & Westborough Golf Course

General Policies and Information

Program Registration: Registrations can be done online (preferred method) or in person. We cannot accept over the phone, mail-ins ,or faxed forms. Registrations are on-transferable, including to siblings.

Registration Deadlines: The deadline to register for a program is the Friday before the start of the program, UNLESS OTHERWISE NOTED. We need to ensure we have the staff, space, and materials so we can not always accommodate late registrations. Programs also run the risk of canceling due to low enrollment; please register early if there is a program of interest to you. We do accept out of town residents into SOME of our programs. Westborough residents will always have first access to all of our programs. We will be sure to communicate when we will be opening programs up to non-residents and give ample time for residents to register. Non-resident pricing will be on our website.

<u>PAYMENT:</u> Due at time of registration. We accept cash, money orders, personal checks, or credit cards (Discover, Visa, Mastercard). Online registration requires a credit card. Checks should be made payable to Westborough Recreation. Returned checks will be charged a \$25 fee payable by bank check or cash. We do not pro-rate class fees.

<u>GENERAL PROGRAM POLICIES:</u> When a class is full, waiting lists will be established. To add your name to a waiting list, you must do so online. We reserve the right to cancel, alter or consolidate classes when necessary, as well as change program descriptions, fees, dates, locations & times. Contact us if you feel your child has any special considerations/needs in regards to any program. The Town of Westborough, Recreation Department, does not provide accident/health insurance. CONFIRMATIONS: *Online registrations will receive a confirmation email upon checkout. No other confirmation will be sent.*

AGE REQUIREMENTS: Each program has specific requirements as to age and/or grade. Ages are as of start of program unless otherwise specified in program description. These requirements are set up out of concern for your child's safety and well-being and will be STRICTLY ENFORCED. Violators will be removed from program with NO refund of fees. PROOF OF AGE MAY BE REQUIRED.

<u>REFUNDS:</u> For cancellations 3 days or more before the program start date, you will receive 100% of the program refunded to you, either in a check or credit in our online system. This credit can be applied to any household member for any recreation program. For cancellations 3-0 days before the program start date, you will receive 75% credit in our online system. This credit can be applied to any household member for any recreation program. Cancellation requests AFTER the start of a program, for any reason other than a medical/family emergency will not receive any type of refund. Should you have a medical or family emergency please contact our department and we will work with you.

<u>WEATHER CANCELLATION:</u> Efforts will be made to make up weather cancelled classes, but are not guaranteed. Refunds will not be offered due to a participant's inability to participate in the makeup.

PARTICIPANT PHOTOGRAPH POLICY: Registrants and participants permit the taking of photos and videos of themselves and their children during recreation activities for publication/use by the Recreation Dept. Occasionally, local newspapers may use photos of children participating in our programs, along with their names, in their publications. If you do not want your child to appear in photos, please contact us at 508-366-3066.

<u>FINANCIAL AID:</u> Financial assistance forms can be found online and returned to Westborough Recreation. Department.

<u>COMMUNICATION</u>: Many of our correspondences with registrants regarding program information, cancellations, and changes are done through e-mail as we often have to contact a lot of people in a short amount of time. Please make sure we have your current/ an e-mail address that is checked frequently on file with us. If you have questions on how to update that information please contact us.

Community Events

Arts in Common

Arts in Common, sponsored by the Westborough Cultural Council, brings together people from all over Massachusetts to experience and celebrate creativity in all forms of artistic medium and expression such as visual arts, culinary arts, music, and more. Using the universal language of art to ignite creative expression in children and adults alike. www.artsincommon.net

Baystate Common | September 30th | 11:00am—5:00pm

Main Street Trick or Treat

Bring your little costumed ghosts and goblins for an evening of trick-or-treating through Town Hall, The Forbes Municipal Building, Police Station, and more!

Main St. | Tuesday 10/24 | 4:00pm-7:00pm | Rain date 10/26

Turkey Trot

The Westborough Turkey Trot is in its 9th year 'running' as an annual family friendly event promoting health and fitness in our community. Run, walk or trot with us! All proceeds benefit the Westborough Public Schools.

Go to: www.westboroughturkeytrot.com to register and for more information.

WHS | November 18th| 9am

Holiday Stroll, Light Parade, Festival of Lights & Tree Lighting
Enjoy an afternoon and evening of holiday cheer! More details to come!

Details TBD

RITE WAY TRAVEL TRIPS

PATRIOTS VS NEW YORK JETS

- September 23rd-24th . 2023
- \$499/per person—includes, 1 night at the Sheraton Times Square Hotel
 - Upper level sideline reserved game ticket for 1pm Sunday game
 - Must register by September 1st
 - Pick up is off of exit 11a on the Mass Pike—Millbury Park and Ride

New York City Shopping Trip

- Saturday December 9th, 2023
- Departs from Hastings School at 6am. Returns approximately 11:00pm
 - Price includes: round trip transportation and area map.
 - This is a self guided trip
 - \$89/ per person
 - Departs from Hastings School

Salem Cross Christmas

- Thursday December 14th
 - \$119/ per person
- Price Includes: Salem Cross Lunch, souvenir (paint your own ornament), visit to Yankee Candle Shop in Deerfield, drive through Bright Nights at Forest Park light display
 - Departs from Westborough Golf Course

Adult Programs

Adult Volleyball (Ages 18+)

Join Westborough Recreation for this fun filled night of volley-ball. Whether you're experienced and trying to get back into the sport or brand new to volleyball, all are welcome!

- Wednesdays
- September 20th-October 25th
- 8:00pm-9:30pm
- \$25
- Mill Pond, Registration opens 8/18.

Adult Badminton (Ages 18+)

This very popular program is back again. Up to 6 games going at once. Skilled and beginner players welcome. Be sure to register quickly as this will fill! Limited to Westborough Residents ONLY! Registration opens 8/21

- Tuesday & Thursday, September 26th-October 26th
- 8:00pm-10:00pm
- \$50
- WHS, Laduke Gym

Adult Basketball (Men's 18+)

Get a good run in here at Westborough Rec! This is not a league, but pick-up style play. All skill levels, including new players are welcome!

- Adult Basketball (Men's 18+)
- Tuesdays, September 12th-May 28th. Skip, 11/7, 11/21, 12/26, 2/20, & 4/16
- 8:00pm-10:00pm
- \$65
- Gibbons

Womens basketball (18+)

Get a good run in here at Westborough Rec! This is not a league, but pick-up style play. All skill levels, including new players are welcome!

- Wednesdays, October 4th-November 1st, 8:00pm-9:00pm
- \$15
- Gibbons Gym

Fiesta Dance Company (16+)

With roots in Cuba and Africa, Salsa dancing continues to grow in popularity largely due to the beautiful rhythmic music. Bachata dancing originated in the Dominican Republic and is now danced all over the world. This is an introductory class.

- Intro to Salsa and Bachata, Tuesdays
- September 5th-October 17th (Skip 9/19)
- November 14th-December 19th
- 6:15pm-7:15pm
- Fiesta Fitness
- September 5th-October 17th (Skip 9/19)
- November 14th-December 19th
- 7:15pm-8:15pm
- \$110
- Unitarian Universalist Church, 64 West Main St

Adult Golf Lessons (Ages 18+)
Join the staff at Juniper Hills as
they teach you the basics of
Golf. Great program for players

of all abilities. Instructors work with students individually within the group. Five one-hour classes encourage gradual improvement over five weeks. Class meets once a week for five consecutive weeks. All aspects of the game will be covered. All lessons at Juniper Hills Golf Teaching Center, 142 School St. Northborough

- \$180/ Adult golfer
- \$330 | Parent/child(includes registration for both parent and child)

Day	Level	Date	Times
Tuesdays	Beginner	9/5-10/3	10:00am- 11:00am
Wednesdays	Beginner	9/6-10/4	10:00am- 11:00am
Thursdays	Beginner	9/7-10/5	10:00am- 11:00am
Fridays	Beginner	9/8-10/6	9:00am- 10:00am
Saturdays	Beginner	9/9-10/7	9:00am- 10:00am
Sundays	Beginner	9/10-10/8	9:00am- 10:00am
Saturdays*	Parent/Child	9/9-10/7	10:00am- 11:00am

Pickleball (18+)

Beginner: Learn fundamental skills, techniques, and rules to build a solid foundation. Have fun and meet other new players!

Intermediate: Intermediate level course for players looking to improve skills and strategies. Focus on consistency, advanced techniques, and smart gameplay through drills and practice. Prepare for competitive play.

- Fridays
- 7:00pm-8:00pm
- \$140, Westborough Tennis and Swim Club, 35 Chauncy St.

Session 1	Session 2	Session 3	Session 4
9/8-10/13	10/20-12/1	12/8-1/26	2/2-3/22

<u>Tennis at Westborough Tennis and Swim Club (Ages 4+)</u>
"Learn to Play" instructional program at Westboro Tennis & Swim Club.

- Sundays
- 7:00pm-8:00pm, Beginner
- 7:00pm-8:00pm, Advanced Beginner

	Session 1	Session 2	Session 3	Session 4
;	9/10-10/15	10/22-12/3	12/10-1/28	2/4-3/24

Youth Programs

Chess (Grades 1-5)

Enter into the magical and exciting world of chess for everyone first through fifth grade. Whether you have been playing chess for your entire life and want to improve, are brand new to the game, or you just want to have a fun experience with your friends—Chess Wizards is the place for you! You will participate in epic chess games, fun and interactive lessons, tournaments, team matches, trivia, and more! Our specialized classes are a blast

- Tuesdays
- September 26th-November 28th
- 6:00pm-7:00 pm
- \$200
- Armstrong Library

Art Programs at Canvas n' Cup (Ages 7+)

Join Canvas n' cup for a variety of arts and crafts classes. Classes are taught in a safe, educational, and fun social environment. Kids need to be creative and reduce stress more than ever.

- October Session: 10/5-10/26, 5:00pm-6:15pm
- November Session: 11/2-11/30, 5:00pm-6:15pm
- December Session: 12/7-12/28, 5:00pm-6:15pm
- See website for project information
- \$200, residents. \$220, non-residents should space allow
- Canvas n' Cup, 6 West Main Street, Westborough

<u>Game Based Education at Nomizo Learning Labs</u> (Ages 5-18)

Nomizo Learning Labs teaches problem solving, strategy/tactics, math fundamentals, and interpersonal learning to kids in Grades 1-12. Nomizo learning is highly interactive and engaging, using board games, puzzles, and peer-to-peer activities. Program descriptions can be found at www.westborore.com.

- Cooperative Games Masterclass
- September 18th-October 30th
- September 20th-October 25th
- November 6th-December 18th
- November 8th-December 20th
- Brain for Business
- September 19th-October 24th
- November 7th-December 29th
- 4:00pm-5:30pm
- \$160
- Nomizo Learning Labs, 25 West Main Street

SPLAT! (Grades K-5)

Engaging hands-on chemistry projects will encourage kids to be junior scientists. Unlock the secrets of the laboratory to create customized soaps, lotions, and potions. Explore how chemists create formulas and make your own cool products to take home.

- Tuesdays, September 28th-October 16th
- 7:15pm-8:15pm
- \$145
- Hastings School Library

Lego Robotics (Grades 1-5)

The We-Do Robotics system features LEGO models that incorporate working motors and sensors with simple programming software. Kids will work as scientists and engineers to build, program, and test working models.

- Tuesdays
- September 28th-October 16th
- 6:00pm-7:00pm
- \$145
- Hastings School Library

STEM is Fun For Kids (Grades K-2)

STEM Beginnings provides fun-filled experiences that encourage that curiosity in a hands-on way. Kids are given challenges that allow them to explore Science, Technology, Engineering, and Math concepts using a variety of tools and techniques!

- September 28th-November 2nd
- Thursdays, 6:00pm-7:00pm
- \$152, residents. Non-residents \$172 should space allow.
- Fales Elementary school, art room.

Social Skills and Dining Etiquette Workshops (Grades 2-7)
Present your child with the opportunity to feel self-reliant and confident in any social and dining situation by taking interactive lessons taught by a certified etiquette consultant.

- Children's Social Skills
- Thursday, October 12th, \$75
- 6:00pm-7:30pm
- \$75
- Prep for Thanksgiving
- Monday, November 6th
- 6:30pm-8:00pm
- \$80
- Prep for the Holidays
- Tuesday, December 19th
- 6:00pm-7:30pm
- \$80
- Hastings Cafeteria

Babysitting Classes (Ages 12+)

This course will help you learn what you need to know to be a safe and responsible babysitter. The course reviews qualifications and responsibilities of a good babysitter.

- Session 1: Wednesday and Thursday, 10/4 & 10/5
- Session 2: Wednesday and Thursday, 12/6 & 12/7,
- 5:00pm-7:30pm
- \$65, Location: TBD

Home Alone Safety Course (Ages 9-11)

This class is designed for children who are unattended at home for short periods of time. Children will learn telephone and door answering techniques, accident and fire prevention, and first aid skills.

- , Thursday, November 9th, 5:00pm-7:30pm
- \$55, location TBD



Kiddie Kickers Soccer (Ages 3-5)

Join Coach Josh for this introductory soccer session. Participants will learn the basics while playing games such as tag, sharks and minnows, red light/green light, and finishing with a mini game. Parents/caregivers must be present at all classes and will PARTICIPATE as well. This is a great way to have some one on one with your son/daughter. Children must be potty-trained.

- Tuesdays, September 12th-October 10th
- 4:30pm-5:15pm or 5:20pm-6:05pm
- \$55
- Mini Haskell, 50 Haskell St

Pre Season Basketball Clinic (Grades 3-8)

Hone your skills for the upcoming hoops season! There will be a different theme each week and participants will go through numerous skill stations during each session. Register for one night or all four! Whether you're just starting out or have been playing for years, all are welcome! Limited space!

- Mondays September 11th, 18th, October 2nd
- Tuesday September 26th
- Boys: Grades 3-5, 6:30-7:45pm:
- Grades 6-8, 7:45-9pm:
- · Gibbons Gym
- Girls: Grades 3-5, 6:30-7:45pm
- Grades 6-8, 7:45pm-9:00pm
- Armstrong Gym
- \$20 per clinic
- WHAT TO BRING Boys and Girls, all grades, Basketball & water
- Registration opens August 14th
- Westborough Residents Only!

Volleyball (Grades 4-8)

We're serving up some serious FUN! Join WHS varsity coach Roger Anderson, his staff and players as they teach the fundamentals through drills, skills, and games. All ability levels welcome. This program will fill, register ASAP!

- Registration opens Monday 10/30 at 8am
- Fridays
- January 5th-February 9th
- Grades 4-6, 6:00-7:00pm,
 \$70
- Grades 7-8, 7:00-8:30pm,
- Gibbons Middle School Gym



Dodgeball (Grades 3-6)

This program is run by Thundercat Sports and will consist of different dodgeball related games such as: Doctor, Bombardment, Jail Break, and more. Other games/activities may be mixed in to create a fun and exciting program! Clinic is coed, please bring sneakers, appropriate clothing, and a water bottle. Gator skin safety balls will be used to ensure safety and fun

- Wednesdays 11/1-12/6, skip 11/22
- 6:00pm-7:00pm
- \$110
- Gibbons Middle School

Ski & Snowboard (7-8)

Program is held at Wachusett Mountain in Princeton. Ski or snowboard lessons are available as well as rentals for both. Lesson package includes 1 hour lesson and approx. 1 hr. of open ski time. Transportation is by motor coach bus providing underneath storage for equipment. Westboro Rec registration only covers the cost of the bus, you must pay the additional fee directly to Wachusett Mountain at www.wachusett.com along with signing their online waiver.

- Registration opens Monday, November 6th at 8:00am
- Tuesdays, January 2nd-February 6th
- Pickup after school at Gibbons
- Students/parents can drop off equipment in the morning on the day of the program
- Cost TBD

Tennis in the Parks Program

Led by an approved USTA tennis coach, the program will focus on developing the skills to serve, rally, and play—so it's perfect for beginners and first-time players. Once the skills are there, participants will play fun matches with other players in the program. All players in their first session receive and keep a new age-appropriate racket, tennis ball, and a program t-shirt!

- Sundays, September 10th-October 15th
- Grades 1 & 2 (Red Ball): 8:00 am-9:00 am
- Grades 3-5 (Orange Ball): 9:00 am-10:00 am
- Grades 6-8 (Green Ball): 10:00 am-11:00 am
 - Adult (Yellow Ball): 11:00 am-12:30 pm
 - \$75 youth, \$90 adult
 - Haskell Tennis Courts

Archery (Grades 4+)

Archery should be safe and fun. This balance is critical to make the experience in our programs exciting for all who want to explore the way of the bow. Our 'learn by playing' philosophy enables us to integrate key concepts of the shot process with unique challenges that engage students and give them a goal to work towards.

- Thursdays
- Session One: September 14th-October 12th
- Session Two: October 19th-November 16th
- 4:30pm-5:30pm
- \$195
- Floral Street School, 57 Floral St. Shrewsbury

Ultimate Frisbee (Grades 5-8)

Ultimate Frisbee is a non-contact team sport. It is a fun and exciting sport that blends the athleticism of soccer, the strategy and throwing/catching skills of football, and the teamwork of basketball. Points are scored by passing the disc downfield to a teammate in the opposing end zone.

- Open to boys and girls, grades 5-8.
- Tuesdays and Thursdays 5:00pm-6:30pm. (5:00pm -6:00pm in Oct.)
- September 5th-October 26th
- \$50 includes a uniform shirt and a disc, also includes entry into at least 3 tournaments. Tournaments are played on Sundays.
- Gibbons fields

Golf at Juniper Hills (Ages 7-14)

This program combines instruction, drills and fun games to keep your child's interest level high. Putting, chipping, full swing, oncourse instruction, etiquette,

and the rules of golf will be covered.

Days	Dates	Times	Cost
Tuesdays	Sept. 5th-Oct. 3rd	4:30-5:30pm	\$165
Wednesdays	Sept. 6th-Oct. 4th	4:30-5:30pm	\$165
Thursdays	Sept. 7th-Oct. 5th	4:30-5:30pm	\$165
Saturdays	Sept 9th-Oct 7th	11:00am- 12:00pm	\$165

Karate (Ages 4-13)

Sharpen your physical, social and mental skills all at the same time in a fun and safe environment. This is an INTRODUCTORY white belt class. Attend up to 3 classes weekly. Can only register through the Rec Dept. once.

Find the schedule @ www.westbororec.com

- October 2nd-November 3rd
- Classes available for ages 4-adult
- See schedule for dates and times for specific ages at www.westbororec.com
- \$90 fee per session includes uniform
- Metrowest Martial Arts & Wellness Center, 74 Otis St.





Tinkergarten (Ages 1.5-8, parent must be present)

Tinkergarten Nature Play classes are joyful outdoor classes that incorporate songs, movement, stories and open-ended play to help children learn important life skills such as empathy, problem solving and communication. This fall, our season will be all about wellness!

- Fridays, September 22nd-October 27th
- 10:00am-11:00am
- Bowman Conservation
- \$165 first child/\$120 for siblings

Magic Workshop (Ages 8-12)

This complete Green Wand Workshop (1 of 4 workshops) will entertain and teach your child the gift of magic, working with other children and sharing their new art. At the end of the workshops, YOUR child will know how to perform as a Magician.

- Mondays
- October 16th-November 20th
- 5:00pm-7:00pm
- Mill Pond
- \$165

Tennis at Westborough Tennis and Swim Club (Ages 4+)
"Learn to Play" instructional program at Westboro Tennis &
Swim Club.

Session 1	Session 2	Session 3	Session 4
9/10-10/15	10/22-12/3	12/10-1/28	2/4-3/24

- 5:00pm-6:00pm, Mini Lobbers (ages 4-6)
- 6:00pm-7:00pm, Junior Beginners (ages 7-13)
- 6:00pm-7:00pm, Junior Advanced Beginner (ages 8-13)
- 7:00pm-8:00pm, Junior Intermediate (ages 12+)
- \$200
- Westborough Tennis and Swim Club, 35 Chauncy St

9

REC BASKETBALL



Pre-K and Kindergarten: This co-ed program is a chance to learn Grades 3-6: the basics of the game thru dribbling, passing, and shooting drills. Parents must stay and will be participating with their child! Participants will receive a shirt and end of the year medal along with participating in a varsity halftime show! Limited spots available. Program will be run by F.A.S.T. Athletcis

- Saturdays, 11/4-12/9, skip 11/22
- Choose 1 time
- 9am, 10am, 11am
- Armstrong Gym
- \$95

1st/2nd Grade Skills Clinic and Games: Separate leagues for boys and girls. This is an 8-week program. There will be 2 weeks of clinic style skills and drills, one week of scrimmages, and 5 weeks of game-play (4v4). Volunteer Coaches needed. Team tshirt included.

- Saturdays, 1/6-2/17
- Girls: 10:00am-10:50am
- Boys: 11:00am-11:50am, 12:00pm-12:50pm
- Teams will be created after two weeks of practice
- Armstrong Gym, Choose 1 time
- \$95

We need volunteer coaches!! Please consider volunteering to coach your child's team. This program can not run without volunteers. Rec basketball is all about the kids having fun. We can help you with practice plans, game management, etc.

- Separate boys and girls teams.
- All in-town play.
- One practice/one game per week.
- Travel players encouraged to play!
- (Must register by Oct 27th at 10am; NO EXCEPTIONS)

Grades 7-8

- Separate boys and girls teams, for players not on the middle school team.
- One practice/one game per week.
- \$110
- Deadline to register: Friday 12/1 by 10am, NO EXCEPTIONS!

Grades 9-12 One of the most exciting leagues in Westborough! Last year 12 boys teams battled for the title!

- Separate boys and girls teams, for players not on the high school varsity, JV, or Freshman team.
- One practice/one game per week, practice night & time TBD.
- \$110
- <u>Deadline to register: Friday 12/1 by 10am, NO EXCEPTIONS!</u>

REGIRSTION OPENS MONDAY SEPTEMBER 18TH AT 9AM!

REC BASKETBALL

OC. SPR				
Grade	Dates	Practice Day	Game day APPROXIMATE times	
Pre-K & K	11/4-12/9, skip 11/18	Saturdays	3 sessions, 9am, 10am, 11am	
1st & 2nd	1/6-2/17	Saturdays	3 sessions 9am, 10am, 11am	
3rd/4th boys	11/6-2/17, SKIP 12/23 & 12/30	Mondays or Thurs- days	Games Saturdays between 8am-12pm	
3rd/4th girls	11/6-2/17, SKIP 12/23 & 12/30	Tuesdays	Games Friday nights 6-8pm	
5th/6th boys	11/6-2/17, SKIP 12/23 & 12/30	Mondays or Thurs- days	Games Saturdays between 12pm-4pm	
5th/6th girls	11/6-2/17, SKIP 12/23 & 12/30	Tuesdays	Games Thursdays between 6 -8pm	
Middle School (Boys)	12/11-3/2, skip 12/23, 12/30 and 2/24	Wednesdays	Saturdays between 9:00am- 2:00pm	
Middle School (Girls)	12/11-3/2, skip 12/23, 12/30, and 2/4	TBD	Saturdays 2pm-4pm	
High School	12/11-3/2, skip 12/23, 12/30, and 2/4	TBD	Sundays 9:00am-2:00pm	

SPECIAL OLYMPICS

Westborough Unified Sports is a Special Olympics program open to children ages 7 and up which is supported by the Westborough Recreation Department throughout the year. Unified Sports combines equal numbers of participants with and without intellectual/developmental disabilities to train and compete together as a sports team. Each season runs for approximately 8-12 weeks with weekly practices and two regional competitions. The formation of teams depends on the number of athletes available in each age group. The program raises money through donations so there is no cost to participants. Athletes with special needs and typically developing volunteers must register through the Westborough Recreation Department. Athletes with special needs must also complete the Special Olympics of Massachusetts form. New athletes & volunteers (children & adults) welcome!

- Soccer: Saturdays Sept 9th-Nov 4th
- 9:30am-10:30am, Hadley Field
- Dance: Saturdays, Sept 17th-Nov 4th
- 4:00pm-5:00pm
- Senior Center

- Basketball: Saturdays, January 6th-March 9th
- 1:00pm-2:00pm
- WHS
- Swim: begins in March
- Details TBD





WESTBOROUGH GOLF COURSE

We have had a great 2023 golf season.

We crowned Mike O'Day as a 6 Time Club Champion and Sis Mazzamurro as a 9 Time Women's Club Champion!

The weather has been an extreme challenge this year with the massive amounts of rain and hot conditions. Mike Hightower and his crew have done an amazing job keeping the golf course in the best shape we can during this wet summer.

The Westborough Women's Club did a club swap at Westborough Golf Club this year and we were able to donate numerous clubs to charities as well as help future golfers get some "New" equipment to start their golfing careers!

There is still time to enjoy our course before the golf season ends! Call 508-366-9947 or go to

www.westboroughgolfclub.com for more details!

