



PROCEDURES FOR OPERATIONS UNDER COVID-19

To ensure the safety of our members and our staff we ask that you follow these new safety precautions and guidelines.

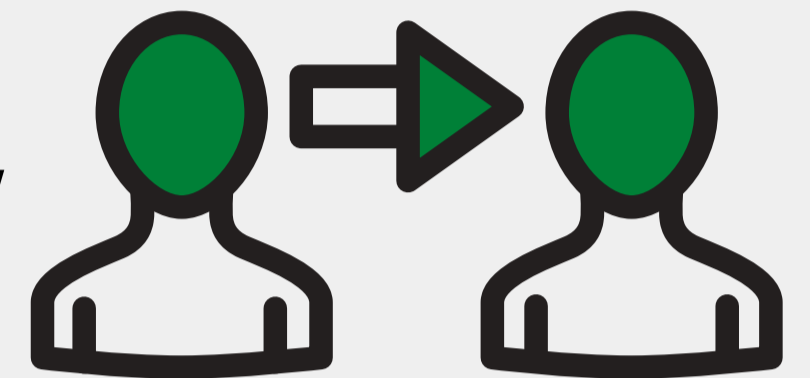
Pre-registration is Required for Class

With class size limited, you are required to register in advance. We will allow up to a week in advance for registration



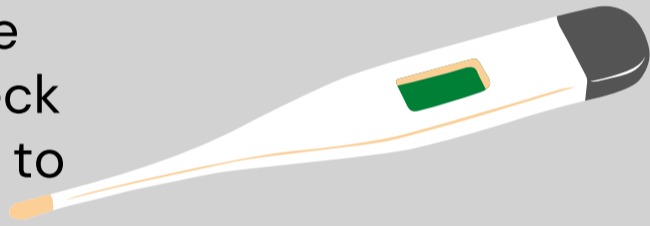
Practice Social Distancing

We are required to follow the CDC guidelines and maintain a 6 ft distance from each other



Check your temperature.

Prior to entering the facility we will require a temperature check taken by a coach/trainer prior to participation



Sharing Equipment and Workout Space

To Limit contact between members, you will not be able to share equipment and you will be asked to remain in your dedicated workout space for the duration of the workout



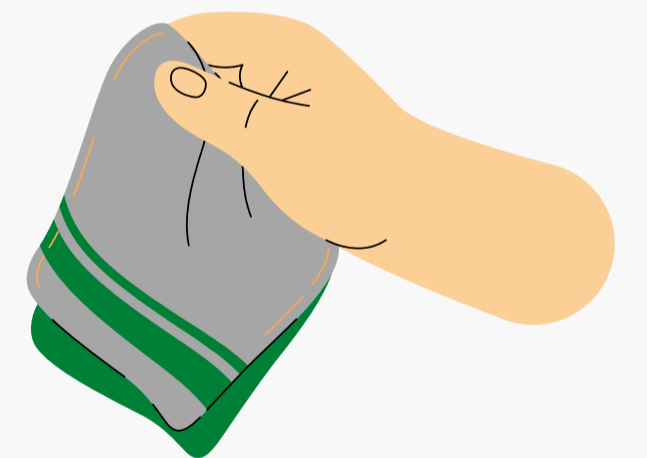
Stay Home if You Display Symptoms

If you are feeling sick, stay home. No questions asked.



Equipment Disinfection

Prior to use and after use, you will be required to disinfect your own equipment, and workout space



Limit 10 People per Gathering

No more than 10 people are permitted per gathering including your coach/trainer



Facial Coverings are Required

Currently, face coverings are required for all participants.

