

**WESTBOROUGH RECREATION
1-2 GRADE YOUTH BASKETBALL**

Policies/Procedures

Weather Policy

- Game decisions will be made by 7:30am on Saturday mornings. Updates will be made on www.westbororec.com
- If there is a chance that games will be cancelled the day before, an email will be sent and an update will be put on the website.
- If school is cancelled Friday, it doesn't mean Saturday is automatically cancelled.

Coaching Duties

- Lead stations with simple drills, focus on fun!
- Speak to the team at their level
- Be patient...Compliment, teach, and make it fun!
- Remember, you're a role model to these kids!! It's all about them!

Rules

- The goal of this league is to actively involve every player on every team. Encourage all players to shoot, pass, dribble and build the skills of everyone involved. Ideally, every single player has fun and returns to play next year!
- Games will be played 4on4 on an 8 foot hoop
- Teams must play man-to-man defense
- Games will start at quarter past the hour (10:15, 11:15, and 12:15). The first 15 minutes should be used to warm up/run drills/ etc.
 - Refs will be doing their best to clear the courts after games but feel free to remind anyone from the previous game or siblings that there is a game starting and you need to warm up.
- Playing time: Ideally we would have teams of 8, but given how the numbers worked out you likely will have more than 8. Please do your best to get everyone as much playing time as possible.
- Teams will play two, 15 minute halves, running time
 - Clock will stop at the 5 minute mark for substitutions
 - There will be a short half time
- **There will be NO STEALING on the dribble**
 - **This helps to encourage ALL players to dribble the ball comfortably**
 - **It also enforces players to play defense with their feet and get their hands in the passing lanes**
 - **You ARE allowed to steal on a pass**
- **Violations that will not be called**
 - **10 second backcourt**
 - **3 seconds in the key**
 - **Backcourt violation**
- **Typical violations to be very lenient with**
 - **5 seconds closely guarded (allow for 10 seconds)**
 - **5 second inbounds (allow for 10 seconds)**

- **Traveling/Double dribbling**
- **Violations and fouls to call**
 - **Rough/physical play**
 - **Stealing the ball on the dribble (use best judgement if a player loses control of their dribble)**
 - **Blatant traveling/double dribbling violations**
- **Shirts**
 - Each team will receive a shirt to be worn each game.